

# THE LORD'S DAY AT HOME

TWELFTH SUNDAY IN ORDINARY TIME (B)  
Sunday 20<sup>th</sup> June 2021

If you are housebound or self-isolating at this time, please use these prayers to unite yourself with the worship of the Universal Church, and your own Parish this Sunday. If alone, read or say these prayers quietly to yourself. If with another, or in a family, someone should read the "leader" parts, and others respond. It might be suitable to find a special, quiet place at home for your prayers.

## THE INTRODUCTORY RITES

**Entrance Antiphon** Cf. Ps 27: 8-9

**A: The Lord is the strength of his people, a saving refuge for the one he has anointed. Save your people, Lord, and bless your heritage, and govern them for ever.**

### Sign of the Cross

Leader: In the name of the Father, and of the Son, and of the Holy Spirit.

**A: Amen.**

### Introduction

L: How often does life "catch us by surprise"? Suddenly something happens, something goes wrong, and we feel we are swamped and sinking. This is the experience of the Gospel story today, but we are invited to contemplate the power of Jesus in the midst of life's shocks and surprises, to be calm, and to trust in him. Let us praise God's power and love this Sunday as we say:

### Gloria

**A: Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

### Opening Prayer

L: Let us pray.

Grant, O Lord, that we may always revere and love your holy name, for

you never deprive of your guidance those you set firm on the foundation of your love. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

**A: Amen.**

## THE LITURGY OF THE WORD

**Gospel Reading** Mark 4:35-41

With the coming of evening, Jesus said to his disciples, 'Let us cross over to the other side.' And leaving the crowd behind they took him, just as he was, in the boat; and there were other boats with him. Then it began to blow a gale and the waves were breaking into the boat so that it was almost swamped. But he was in the stern, his head on the cushion, asleep. They woke him and said to him, 'Master, do you not care? We are going down!' And he woke up and rebuked the wind and said to the sea, 'Quiet now! Be calm!' And the wind dropped, and all was calm again. Then he said to them, 'Why are you so frightened? How is it that you have no faith?' They were filled with awe and said to one another, 'Who can this be? Even the wind and the sea obey him.'

The Gospel of the Lord.

**A: Praise to you, Lord Jesus Christ!**

### Reflection

In some ways the most surprising moment in this Gospel is the image Jesus, fast asleep on a cushion in the midst of a sudden and terrifying storm! His calm in the midst of chaos seems almost too dramatic! But this is the point of the story, emphasised by his words to the others in the boat, when he asks "How is it that you have no faith?" Faith is not about the lovely pleasure boat ride on the sunny peaceful lake, but clinging to the

gunwales in the terror of a storm. We interpret this as symbolic of the journey of our lives, which can be rent by sudden storms – tragedy, loss, anxiety, illness: we have to hear the voice of Jesus, who is *in the boat with us*, who shares anxiety and loss with us, so that he can say "Quiet now! Be calm!"



### For our Younger Friends

We can all be frightened sometimes. The friends of Jesus were terrified in today's Gospel story – not surprisingly! It must be very scary to be out in the middle of a very big lake when a storm suddenly starts throwing the little boat around! Just imagine for a moment that scene: feel the wind, the movement of the boat, the waves washing over the side of the boat. Very frightening! But those frightened friends of Jesus didn't fully realise who Jesus was – at least not until he spoke to the wind and sea, and told them to be quiet and calm! I wonder if this was almost as frightening as the storm! We know that Jesus is the Son of God, who comes to join us "in our boat" – to be one of us – so that he can help us if we are frightened or scared. Remember that Jesus is always with you, whatever happens!

## **Profession of Faith**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## **Intercessions**

L: Christ invited the disciples to set sail for the farther shore of God's kingdom. Let us pray that the love of Christ will be our strength for journeying in faith.

The gospel has called us away from the old and familiar. May the Spirit sustain our hopes when we must journey through periods of spiritual darkness. Lord, in your mercy...

**A: Hear our prayer.**

L: In the midst of the storm Christ's word restored calm. May anyone overwhelmed by violence or emotional chaos find peace in Christ's presence. Lord, in your mercy...

**A: Hear our prayer.**

L: In the baptismal waters we have died with Christ. May the Spirit continue to draw us to the newness of life which the gospel holds out. Lord, in your mercy...

**A: Hear our prayer.**

L: For our beloved dead the old order has passed away. May they rejoice in the new creation that Christ attained through his death: Lord, in your mercy...

**A: Hear our prayer.**

*Please add your own prayers for the needs of the Church, the world and your local community. You may wish to add particular prayers for family members, friends or neighbours in need at this time.*

## **THE COMMUNION RITE**

### **The Lord's Prayer**

L: At the Saviour's command and formed by divine teaching, we dare to say:

**A: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.**

L: Receive, O Lord, our prayers and praise and grant that, cleansed by your grace, we may make offering of a heart pleasing to you. Through Christ our Lord.

**A: Amen.**

### **Preparation for Spiritual Communion**

L: Lord, holy Father, almighty and eternal God, we know it belongs to your boundless glory, that you came to the aid of mortal beings with your divinity and even fashioned for us a remedy out of mortality itself, that the cause of our downfall might become the means of our salvation. Jesus your Son, taking bread and wine, the fruits of the earth, at the Last Supper, gave himself as a perfect offering to you, and to be with his friends always. Even though we are not in Church, and not able to receive communion today, we open our minds and hearts now to your generous love and the gift of Jesus your Son, welcoming him spiritually into our lives.

*Pause for a moment of silent prayer and reflection.*

### **Spiritual Communion**

**A: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.**

### **Thanksgiving Psalm**

L: O give thanks to the Lord, for his love endures for ever.

**A: O give thanks to the Lord, for his love endures for ever.**

L: Some sailed to the sea in ships to trade on the mighty waters. These men have seen the Lord's deeds, the wonders he does in the deep.

**A: O give thanks to the Lord, for his love endures for ever.**

L: For he spoke; he summoned the gale, tossing the waves of the sea up to heaven and back into the deep; their souls melted away in their distress.

**A: O give thanks to the Lord, for his love endures for ever.**

L: Then they cried to the Lord in their need and he rescued them from their distress. He stilled the storm to a whisper: all the waves of the sea were hushed.

**A: O give thanks to the Lord, for his love endures for ever.**

L: They rejoiced because of the calm and he led them to the haven they desired.

Let them thank the Lord for his love, for the wonders he does for men.

**A: O give thanks to the Lord, for his love endures for ever.**

## **THE CONCLUDING RITE**

### **Final Prayer and Blessing**

L: Let us pray.

Renewed and nourished by our spiritual communion with the Sacred Body and Precious Blood of your Son, we ask of your mercy, O Lord, that what we celebrate with constant devotion may be our sure pledge of redemption. Through Christ our Lord.

**A: Amen.**

L: May the Lord ✠ bless us, protect us from all evil, and bring us to everlasting life.

**A: Amen.**

L: Let us bless the Lord!

**A: Thanks be to God!**

Copyright Information: Texts from the English Translation of the Roman Missal copyright © 2010, International Commission on English in the Liturgy Corporation. Clipart is by the Nuns of Turvey Abbey © McCrimmons and is used with permission. All rights reserved.